A Newsletter for Mature Age Gay & Bisexual Men JANUARY & FEBRUARY 2016



Caring for each other, sharing friendships & affection with each other in similar situations to lead as full a life as possible

MAG will celebrate its 25th year of outreach & service



At our most enjoyable 2016 Christmas Social Evening, *Santa* made a surprised visit.

Here he is taking John W's hand

Look us up on the web www.magsydney.org

2016 Events planned for MAG SYDNEY INC

The Thursday evening social nights at the Petersham Inn Hotel, on Parramatta Road, at Petersham, will again be taking place in 2016. A very warm invitation is extended from Peter and Merv to all MAG guys and their friends to come and enjoy our friendly company.

So if you do not have anything on a Thursday nite, please feel free to pop in from say 6.30pm for drink and then have a nice meal from 7pm.

Saturday 9th January — John Sawyer — My interesting Life Saturday 30th January — Queer Screen — Paul Suttors

Saturday 13 February — Fran Bowron — Sydney Gay & Lesbian Mardi Gras SUNDAY, 21st February — FAIR DAY — Victoria Park, Broadway — MAG will have a stall — so please come along and say "Helloo".

Saturday 27th February — Betty Ramsay - George Institute — Ageing Healthy

To all our readers, we send our very best wishes for a happy, healthy and prosperous 2016.

Please kind to yourself and to each other.



What Makes You..? The Australian LGBT Happiness Survey

Researchers from La Trobe University have just launched the What Makes You..? survey! What Makes You..? is the first Australian study to focus on the positive aspects of being lesbian, gay, bisexual or transgender (LGBT). The study has been approved by the La Trobe University Ethics Committee. If you are gay, lesbian, bisexual or transgender (18+ yrs) and living in Australia - La Trobe University researchers want to know What Makes You HAPPY, What Makes You SAD, What Makes You RESILIENT and What Makes You GREAT!

Please help them by filling in this new online survey

www.whatmakesyou.org.au They ask that you kindly share the survey with your friends.

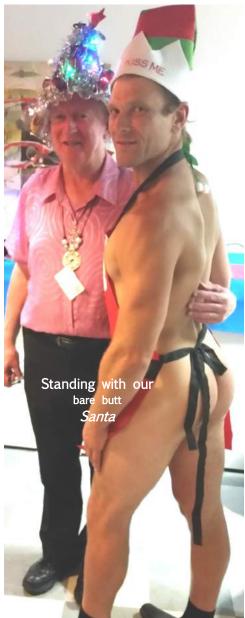
Your President asks all Members and friends, who have computers to kindly go online and complete this survey — Cheers.



The President's Report

Gentlemen and Michelle,

I hope everyone enjoyed their Christmas Day and are ready for an exciting 2016. I extend my best wishes to all for a happy, prosperous and most importantly a



healthy new year. My thanks to Lewis, Lionel, John, Michael F for preparing a fantastic supper for us to enjoy at our Christmas Social on 10th Dec '15. Thank you to all who came along *dressed* to make the nite a fun one. I certainly enjoyed the supper & evening. We even had a surprise visit from a very friendly Santa, who entertained the 71 people present. Thank you Russ from the Love Project for your attendance. I hope Members & friends enjoyed the evening as much as I did. Thank you to those who helped me clean & pack up. Our thanks Michelle & Valery for taking the many pics you did. Valery's pic are on the following pages of this Newsletter. Michelle will have her pics for viewing & may be ordered at our meeting on 30th January. I am seeking unwanted metal knives and forks. So if readers have some not being

used, please bring them in, as I would like to have them for our suppers instead of us using the plastic knives & forks — Cheers.

Fair Day is on Sunday, 21st February — MAG will be having a Stall selling second hand goods, so if you have items that are in good condition and would like to donate them, please bring them along to our stall at Fair Day, on the actual day — thank you.

MAG will also be participating in the 2016 Mardi Gras Parade, on Saturday night, 5th March — our theme is Xanadu, and our double

decker bus will be dressed in white sequins & we'll be blasting the song Xanadu made famous by our very Olivia Newton John. I am sure the crowd will love it as much as our Bus Driver — Shirl.

There is a cost of \$25.00 per person to be part of our Parade contingent.

Guys wanting to be part of our group, please let our Secretary, or myself know — thanks.

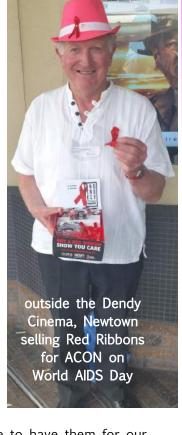
If you have never been in a Parade, and thought you would like to do so; then please consider coming along with us, you will certainly enjoy the night, and have many great memories.

I was asked by a MAG Member to investigate arranging a trip to China travelling along the mighty Yangtze River for four days, visiting the Pandas in Chengdu, and then stopping off in Hong Kong. In 2009, an All Boyz Tour going to the same places was cancelled. Geoff is now unable to arrange further trips. So, I approached David Vuong Travel in Newtown to help arrange the Trip. He has contacted his people in China to put my ideas into an Itinerary. A brochure has been prepared.

The cost will be around \$5,200.00. AUD

In order to give the Travel Agent an idea of the possible travellers for this Trip, interested guys are kindly asked to ring me on (02) 9516 2063 ASAP — cheers For any other information, please feel free to ring on the above number.

Happy new year everyone — David - President







Our 2015 Christmas





These pics courtesy of Valery







Our 2015 Christmas







Pics kindly taken by Valery





Our 2015 Christmas

















Come share uou first LOVE story with us at Fair Day 2016

Empowering lesbian, gay, bisexual, transgender and intersex seniors to lead healthy active and social lives

The LOVE Project is an ACON initiative aimed at creating better conversations and improved social engagement with older lesbian, gay, bisexual, transgender and intersex (LGBTI) community members.

By understanding people's needs and preferences we can facilitate greater social connectivity, improve social inclusion and provide appropriate health information for LGBTI elders.

The LOVE Project welcomes you to get on board to share experiences, interact with other members of your community and maintain a healthy, active and social lifestyle.

Please visit our website, like us on Facebook and follow us on Twitter for healthy ageing information, stories, news and upcoming events.

WWW.LOVEPROJECT.ORG.AU

or contact:

Russ Gluyas Kellu Watson

9206 2017 9206 2016 rgluyas@acon.org.au kwatson@acon.org.au





A few funnies

Morris, an 82 year-old man, went to the Doctor to get a physical.

A few days later the Doctor saw Morris walking down the street with an absolutely gorgeous young man on his arm. A couple of days later the Doctor spoke to Morris and said," You are doing great, aren't you?"

Morris replied, "Just doing what you said, Doc: "Get a hot mamma and be cheerful."

The Doctor said, "I didn't say that. I said, "You've got a heart murmur. Be careful."

If walking is good for your health, the postman would be immortal. A whale swims all day, only eats fish, drinks water, but is still fat. A rabbit runs and hops and only lives 15 years, while a tortoise doesn't run and does mostly nothing, yet it lives for 150 years. And you tell me to exercise?? I don't think so.

Just grant me the senility to forget the people I never liked, the good fortune to remember the ones I do, and the evesight to tell the difference.

Now that I'm older here's what I've discovered:

- 1. I started out with nothing, and I still have most of it. 2. My wild oats are mostly enjoyed with prunes and all-bran.
- 3. I finally got my head together, and now my body is falling apart.
- 4. Funny, I don't remember being absent-minded. 5. Funny, I don't remember being absent-minded.
- 6. If all is not lost, then where the heck is it? 7. It's a whole lot easier to get older than to get wiser.
- 8. Some days you're the top dog, some days you're the hydrant; the early bird gets the worm, but the second mouse gets the cheese. 9. I wish the buck really did stop here, I sure could use a few of them.
- 10. Kids in the back seat cause accidents. 11. Accidents in the back seat cause kids.
- 12. It's hard to make a comeback when you haven't been anywhere. 13. The world only beats a path to your door when you're in the bathroom. 14. If God wanted me to touch my toes, he'd have put them on my knees.
- 15. When I'm finally holding all the right cards, everyone wants to play chess. 16. It's not hard to meet expenses.... they're everywhere. 17. The only difference between a rut and a grave is the depth. 18. These days, I spend a lot of time thinking about the hereafter, I go somewhere to get something and then wonder what I'm "here after."
- 19. Funny, I don't remember being absent-minded.

MAG SYDNEY INC Mature Age Gavs

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Where & when MAG meets

We meet on the second and the last Saturdays of the month at 414 Elizabeth Street, Surry Hills

[near Devonshire Street —

just up from Central Railway Station], from 6:30 pm for tea and coffee, with the

meeting commencing at 7:00pm, usually with a Guest Speaker — every so often we might have

a social, a 'pop corn' night

A light supper follows.

The Committee meets on the second Saturday of the month, prior to the General Meeting.

Geoff Ostling is maintaining our Guest Speaker Listings.

Should members feel that a certain person could give an informative talk at MAG,

please contact Geoff on 9568 3029.

Geoff will be very pleased to hear from any members or friends.

MAG's Details:



The Executive:

President:David Bowron9516 2063Vice Pres:Michael Darley0408 359 989Secretary:Michael Filipovic0429 290 000Treasurer:Bill Alford:8096 4891

The Founder of MAG:

Steve Ostrow - 9358 1460

The Committee: 2016

Lewis Turtur 9319 1280
John Waterstreet 0449 290 898
Geoff Ostling 9568 3029

to all our
Members
& friends

Ken Mears

MAGIC - MAG in the Community:

Guys who are ill, in hospital, or who require assistance.

Our postal address is the same as where we meet:

MAG SYDNEY INC, 414 ELIZABETH STREET, SURRY HILLS NSW 2010

Our web site is www.magsydney.org

Editor: Michael Filipovic

Our Community's Details:

Acceptance (Gay Catholics) Tel. 9568 4433. Friday Mass, St. Joseph's Church, Bedford Street, Newtown, 8pm.

Aleph Australia for gay Jews and friends, Contact *Michael* 9300 9700.

Asian Project Contact Min 9206 2080 bgay Community News - www.bgay.com.au. Contact Marc on 0406645075

Bobby Goldsmith Foundation [BGF]

to empower & support people living with HIV to live well L 3, 111-117 Devonshire Street, Surry Hills www.bgf.org.au 9283 8666

Country Network for friendship and support through social events and networking across rural, regional & city Australia. Info at www.countrynetwork.com.au

Cronulla Gay Group - www.cronullagaygroup.com.

Contact John 9528 9158

Cross Section for gays within the Uniting Church phone Des 9319 0722.

GAMMA - Gay and Married Men's Assoc Tel. 9267 4000 - www.gamma.org. au Gaydownunder - www.gaydownunder.com GLCS - Tel. 1800 184 527

SYDNEY GAY MEDITATION GROUP

+++SESSION DETAILS+++

EVERY TUESDAY 7PM, (contribution - by donation)

MEDITATION SPACE, 99 CROWN STREET, EAST SYDNEY www.sydneygaymeditationgroup.com

GSN - Gay Sydney Nudists - www.gsinc.com

contact Tony James 49725357.

MAM — Mature Age Men — Meets the last Saturday of month Sportsman's Hotel, Springhill, Brisbane at 4pm Contact Noel (07) 31721170 for more details.

MCC Good Shepherd — 6:30pm Sundays 37 East Street,

Granville. Pastor Robert Clark Tel. 0412 481 195

MCC Sydney - 96 Crystal St, Petersham. 10:00am &

6:30pm Sundays Pastor *Greg Smith* Tel. 9569 5122

Email — office@mccsydney.org

PFLAG - Parents, Families and Friends of Lesbians & Gays. www.pflagaustralia.org

SCOG - Southern Cross Outdoor Group: Bushwalks & other outdoor activities in Sydney area. Contact *David* 9698 9308.

Email: southern.cross.outdoors.group@gmail.com

SPAIDS - Sydney Park AIDS Memorial Groves

Dates on tree planting days kindly contact josken@josken.net

COMPANIONS OF HOPE - Meetings: fortnightly (2nd and last Sundays) at 11am, Level 3, 414 Elizabeth Street, Surry Hills Contact: Bishop Peter on 9588 6893 or 0419 464 353

Email: christ-our-hope-community.net

GONG GUYS - http://www.gongguys.site90.com/ http://www.gongguys.info/

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